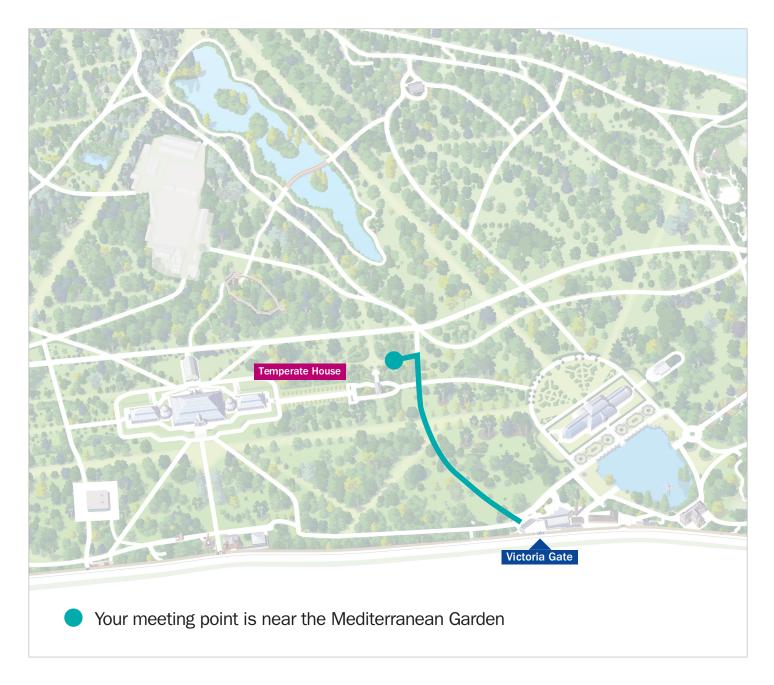


## Wellbeing sessions

## Find your Tai Chi class



To ensure a prompt start time, please arrive at the meeting point 15 minutes before your allocated time.